

**District 12 Fall Regional Conference
Little People of America**

Friday, October 8 – Sunday, October 10, 2010
Seaside, CA.



Hello and welcome to Monterey Bay!

The San Francisco Bay Area Chapter of LPA is excited to host the 2010 Fall Regional Conference for members of District 12 and beyond. We look forward to having you attend. Come to the Monterey Bay Area to see old friends and connect with new ones.

This October we will be staying at the Embassy Suites Monterey Bay - Seaside. The full-service up-suite hotel is just minutes from Cannery Row.

**Embassy Suites Monterey - Seaside
1441 Canyon Del Rey, Seaside, California 93955**

Please remember - September 8th is the room rate cutoff date

**Room rates: \$127 single/double, \$137 triple, \$147 quad
(plus applicable sales taxes) Children under 18 are free**

Includes a complimentary and complete cooked-to-order breakfast and a nightly manager's reception featuring free beverages and bar snacks.

In order to guarantee the room rate, individual guests must make their own reservations by phone: 1-800-EMBASSY or 1-831-393-1115 by midnight on September 8, 2010. Group booking code is **LPA**. All reservations must be guaranteed by a major credit card or an advance deposit given to pay for the room.

Guests of the Embassy Suites Monterey-Seaside hotel stay in a spacious two-room suite fully equipped with two televisions, a refrigerator, microwave oven, and coffee maker.

The San Francisco Bay Area Chapter is excited to keep the costs down and provide a lot of fun things for all attending. Our chapter has received a wonderful donation from the Contractors' Safety Forum Golf Tournament to provide for the membership of LPA and we all felt supplementing the Regional Conference financially was a great use for part of the donation. We all owe a "Big Thank You" to the Contractors' Safety Forum Golf Tournament and to the Farrington family for their support of the San Francisco Bay Area Chapter through the Golf Tournament.

We feel we have planned a fun regional for everyone who joins the group. Among some of the events planned are a Welcome Reception with live music, sports, workshops, a banquet and a dance.

Sincerely,

The Conference Committee

Jon Welch, welchparty@comcast.net

Linda Peterson, peterwink@comcast.net

Karyn Noel, knoel@sfcc.org

Susan Larkin, susanlarkin@hotmail.com

CONFERENCE INFORMATION

FLYING INTO THE MONTEREY PENINSULA

For those of you flying, the Embassy Suite provides courtesy Airport Transportation to and from Monterey Peninsula Airport.

DRIVING DIRECTIONS TO EMBASSY SUITES MONTEREY-SEASIDE:

Embassy Suites is located off Highway 1, taking the CA 218 exit towards Seaside/Del Rey Oaks. The most direct route from North or South would be 101 and then cutting over to Highway 1 on 68 if coming from the south and 156 if coming from the north. There are many other routes to get there so pick your favorite and enjoy the drive.

WEATHER CONDITIONS

During the month of October, the Monterey Bay will be pleasant with average temperatures in the 70s during the day and in the 50s at night. Remember that the Bay Area can always be a bit cooler than you expect so be prepared.

ON YOUR OWN

There are a lot of wonderful things to explore on your own while enjoying the Monterey Peninsula. Consider wandering along Cannery Row, visiting the Monterey Bay Aquarium or enjoying the sights along the 17 mile drive.

CONFERENCE PRE-REGISTRATION

The conference planning committee strongly recommends that you pre-register for all events. If tickets are not purchased in advance, we cannot guarantee tickets will be available on-site.

REGISTRATION FUNDS

Cash and personal checks will be accepted for pre-registration and onsite registration as well as conference event fees. Sorry, no credit cards will be accepted.

REFUNDS

A full refund of registration fees/events/tours will be granted before September 20, 2010. All requests for refunds must be made in writing to Linda Peterson. Requests for refunds on or after September 20, 2010 will be decided on a case by case basis. There will be no on-site refunds, and registrants who do not cancel prior to September 20, 2010 and do not attend the conference will be responsible for the conference registration fee, and events. Tickets for activities may be traded, sold, or given away by each individual and are the responsibility of the ticket holder.

RAB – DAB FINANCIAL SUPPORT FUND

An anonymous donor has made a contribution to assist families or individuals to attend the upcoming D12 Regional Conference in Monterey. Criteria for financial support will closely follow the established national criteria for the Kitchen's Fund for first time conferences attendees.

If you would like to submit an application for financial support, an application can be downloaded from the San Francisco Bay Area web site at lpabayarea.org.

LPA POLICIES

MEMBERSHIP

All attendees of the District 12 Regional Conference need to be current in their Little People of America Membership Dues.

NON-DISCRIMINATION

LPA & DAAA do not discriminate on the basis of race, color, religion, sex, sexual orientation, age, national origin, and diagnosis or disability status in its programs and activities, with respect to admission, access, treatment, benefit and/ or employment. In addition, LPA and DAAA do not condone any form of harassment.

SMOKING

Please respect your fellow LPA members with health conditions. The Embassy Suites is smoke-free. Designated smoking areas are located outside the building.

PROHIBITED CONDUCT

LPA members, DAAA participants, and other attendees of LPA or DAAA functions may be disciplined for grievous behavior during or related to an LPA or DAAA function, including the conference by eviction, membership probation, revocation of membership, and/or other actions deemed reasonable. Any official action by LPA or DAAA does not preclude legal recourse by the hotel or outside entity. Prohibited behavior includes, but is not limited to, illegal use of alcohol and/or drugs, destruction of hotel or private property and harassment.

LPA'S ALCOHOL POLICY

ALCOHOL USE UNDER AGE 18

California's legal drinking age is 21. If it is determined by hotel security, police, or an LPA officer that an individual under the age of 18 is under the influence of alcohol at an LPA Conference, then that individual may not be allowed to attend an LPA Conference without at least one parent or their legal guardian in attendance until age 18. They will not be allowed to designate a Conference Guardian. Parents will be contacted immediately regarding the individual's alcohol consumption and resulting behavior. If parents are in attendance at the LPA Conference, then the underage individual shall be prohibited from attending the next LPA Conference. If the person has a second infraction, with or without their parents present, before they are 18 years of age, then they will not be allowed to attend an LPA Regional Conference until they are 21.

ALCOHOL USE BETWEEN AGES 18 AND 21- ZERO TOLERANCE

Individuals between the ages of 18 and 21 (or the legal drinking age where the Conference is being held) who are determined by hotel security, police, or an LPA official to be under the influence of alcohol at an LPA Conference event shall not be allowed to attend another LPA Conference until age 21 and they may be removed from the current Conference site. Additionally,

LPA will consult with hotel security and/or local law enforcement agencies on reporting the underage consumption of alcohol.

PROVIDING ALCOHOL TO MINORS

Little People of America, its officers and Conference Committee, will not tolerate anyone of any age providing or purchasing alcohol for minors. This includes the purchase of alcohol in bars or clubs or cash bars or providing of alcohol at individual parties. If an individual is found to be in violation, they will be reported to the hotel security and local law enforcement officials for the legal action of the host Conference site. They will be removed from the current LPA Conference. They may not be allowed to attend the next two LPA Conferences. A committee consisting of not less than the LPA Executive Committee, the current Conference Chair, and their Current or past District Director and/or Chapter President will determine their attendance at LPA Conferences thereafter. They may lose their membership in LPA for an undetermined length of time.

DISRUPTIVE BEHAVIOR

If a person of any age participates in the destruction or damage of any public or private property, disorderly conduct, or harassment or abuse of individuals while at an LPA Conference, that person will be subjected to disciplinary action by the local civil authorities and/or LPA Executive Committee and/or Board of Directors.

CONFERENCE ACTIVITIES

ENTERTAINMENT

We will be having a Jazz Duo with dessert on Friday, a DJ for the dance on Saturday night and a unique African ensemble in The SF Barty Club on Saturday night.

SPORTS ACTIVITIES

All those with competition in their blood will have the opportunity on Saturday to play in a DAAA Table Tennis Tournament or Touch Football competition.

ENJOY THE GREAT OUTDOORS

We want to invite everyone to the local park just around the corner to watch the football games and enjoy a BBQ Hot Dog Lunch. The weather should be wonderful in early October and we all can use some fresh air.

“THE BIG THANK YOU” BANQUET

Come enjoy a pasta buffet with old friends and new friends. There will be pasta, salad, rolls, dessert and coffee, tea, iced tea or soda. It is a wonderful end to a busy day. We will have a presentation during dessert that allows us to thank some very important people to LPA and the San Francisco Bay Area Chapter. There will be a raffle, chanting and a good time!

KIDS’ ROOM

Tons of fun things to do like arts, crafts, games and lots of fun with your friends. There will be activities for ages 2-10. Children under 2 are welcome to attend with a parent or guardian.

Tweens are welcome to stop by and say hi. The room will be open from 8:15 am -12:30 p.m.

GENERAL ASSEMBLY MEETING

The General Assembly Meeting gives the LPA membership an opportunity to meet with the Officers of Districts 12, as well as any National Officers who may also be in attendance. The meeting is designed specifically for LPA members to ask questions and share points of view. We will also be announcing the grand-prize winner for the “The Big Thank You” raffle, a gamble not to be missed.

L.P.A GOLF OUTING

Bring your clubs and a good swing. Come and enjoy 9 or 18 holes on the Pacific Grove Golf Links. Enjoy an afternoon on the Links with your friends. Contact Jon Welch for more info email: welchparty@comcast.net.

SATURDAY WORKSHOPS

MEDICAL PANEL & CONSULTATIONS

We will have a medical panel in the morning with local medical specialists. Each will give a short presentation followed by time for Questions and Answers. Specialists invited, but not confirmed at this time, include: Genetics, and Head and Neck Surgery. Private consultations will be offered in the afternoon. Please contact Ginny Foos (foosgroup@comcast.net) AFTER SEPTEMBER 1ST to schedule.

PARENT’S MEETING

This will be an informal meeting for all parents to get to know each other and share thoughts.

THE GAME OF LIFE - FOR LP ADULTS

Come play a reality game against your friends that teaches you life experiences, and win great prizes. No matter whether you passed through college or not, you'll advance faster if you learn from others. Topics might include: job interviews, jobs for LPs, job site modifications, unreachable service counters, car rentals, extra TSA help at the airport, home remodeling, adoptions, medical care. Learn about resources within LPA to gain experience from.

INTRO TO COLLEGE

Come hear a panel of young adults currently enrolled in or recently graduated from college. They will discuss the application process as well as the pros and cons of bigger universities vs. smaller colleges. The decision to access the Disabled Students Department and resulting accommodations will also be covered.

MEN’S AND WOMEN’S GROUP (18 AND OVER)

Informal discussion groups over breakfast centered around every day topics involving what it’s like to live life as a little person.

**2010 LPA DISTRICT 12, FALL REGIONAL CONFERENCE
TEMPORARY GUARDIAN AND MEDICAL RELEASE FORM**

Minors (under the age of 18 years old) attending the 2010 LPA District 12, Fall Regional Conference October 8 – October 10, 2010 in Monterey, California, without their parents or normal legal guardian, must have a temporary guardian designated for the weekend of the conference. The parents of the unaccompanied minor who is attending the 2010 LPA District 12, Fall Regional Conference must fill out the following form. The temporary guardian must be at least 21 years of age. This form must be included with your registration form or your packet will be returned to you without processing. Please complete the following information:

Minors Name: _____ Date of Birth: _____

Social Security #: _____

Health Plan Name: _____

Health Plan Policy #: _____ Group #: _____

I give my permission for my minor (name) _____ to receive full medical treatment in the event of an emergency. Exceptions (if any): _____

I authorize (legal guardian name) _____ to be the legal guardian for my minor during the weekend of October 8, 2010 – October 10, 2010 in Monterey, California.

Signature of Parent _____ Date _____

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____ Cell (____) _____

E-mail _____

Name of Guardian (must be over 21 years of age) _____

Address _____

City _____ State _____ Zip _____

Signature of Guardian _____ Date _____

Allergies of minor _____

Current listing of medications _____

Other medical needs/or concerns: _____

Physicians Phone Number: (____) _____

2010 Fall Regional Conference Registration
October 8th - October 10th, 2010

Name				DOB	Age	Dwarf?	First Time

Address							
City		State		Zip			
Phone		Email					

Conference Registration Fees

	Single	Couple	Family	Total Cost
Postmarked by Sep 15, 2010	\$ 35.00	\$ 55.00	\$70.00	\$
After Sep 15, 2010 or Onsite	\$ 50.00	\$ 70.00	\$85.00	\$
Membership Dues	\$ 55.00			\$

Conference Event Fees

Event Title	Quantity	Postmark 9/15/10	Total Cost
Friday, October 8, 2010			
Welcome Reception	#	NONE	NONE
Friday Night Movie	#	NONE	NONE

Conference Event Fees

Event Title	Quantity	Postmark 9/15/10	Total Cost
Saturday, October 9, 2010			
Kid's Activity Room	#	\$ 2.00 per child	\$
Table Tennis Tourney	#	\$ 5.00 per athlete for both events. Medical Evaluation Required	\$
	#		
Touch Football Game	#		
Hot Dog BBQ - Adult	#	NONE	NONE
Hot Dog BBQ - Child	#	NONE	NONE
"The Big Thank You" Banquet Pasta Buffet (13 & up)	#	\$25.00	\$
"The Big Thank You" Banquet Pasta Buffet (12 & under)	#	\$10.00	\$
Dance Only (13 & up)	#	NONE	NONE
Dance Only (12 & under)	#	NONE	NONE
Sunday, October 10, 2010			
Aquarium Discount Vouchers	#	NONE	NONE
Aquarium entry fees are \$15.95 per person with the discount voucher, payable at the Aquarium			
Golf Outing 18 Holes w/ cart	#	\$75.00	\$
Golf Outing 9 Holes w/ cart	#	\$45.00	\$
Jon Welch is the contact for golf e-mail: welchparty@comcast.net			
Total Amount Enclosed			\$

Please make checks payable to LPA SFBAC and mail to:

Linda Peterson, 6425 Cockrill Street, Petaluma, CA 94952

2010 DAAA Medical Evaluation

To be filled out by Competitor:

Name: _____ Date of Birth: ___/___/___

Address: _____

Age: _____ Parent or Guardian (if under 18) _____

Height _____ Weight _____ Do you wear contacts? Yes ___ No ___

Diagnosis (circle) Achondroplasia Spondyloepiphyseal Dysplasia (SED)

Pseudoachondroplasia Diastrophic Dysplasia Other _____

Hospitalizations: _____

Last medical examination: 2008 _____ 2009 _____ Please check

Have you had:

Allergies	Yes	No	Respiratory Problems	Yes	No
High Blood Pressure	Yes	No	Kidney problems	Yes	No
Fainting Spells	Yes	No	Neck Pain	Yes	No
Seizures	Yes	No	Weakness, arms, legs	Yes	No
Heart Disease	Yes	No	Drug/Alcohol abuse	Yes	No

If you checked "yes" to any of the above, please describe below.

** Current Medications _____

Signature _____ Date _____

**** Note: Boccia only participants do not need a doctor's examination.**

Medical Evaluation Form: To be completed by Physician

Doctors Name: _____

Address: _____

City: _____ State _____ Zip _____

Specialty: _____

Physical Examination:

P _____	BP _____	R _____
HGB _____	Normal _____	Abnormal _____
U/A _____	Normal _____	Abnormal _____
Head _____	Normal _____	Abnormal _____
Neck _____	Normal _____	Abnormal _____
Heart _____	Normal _____	Abnormal _____
Lungs _____	Normal _____	Abnormal _____
Abdomen _____	Normal _____	Abnormal _____
Hernias _____	Normal _____	Abnormal _____
Back _____	Normal _____	Abnormal _____
Extremities _____	Normal _____	Abnormal _____
Neurologic _____	Normal _____	Abnormal _____
Central _____	Normal _____	Abnormal _____
Peripheral _____	Normal _____	Abnormal _____

Special Studies:

For non-achondroplastic dwarfs: results of lateral flexion-extension cervical spine x-ray; with evaluation. (Very important to send x-ray (see below))

The non-achondroplastic dwarf athlete may have a predisposition to neck injuries, including paralysis. Pseudoachondroplasia, spondyloepiphyseal Dysplasia, Diastrophic, Conradi's, Cartilage- hair hypoplasia, and Morquio's syndrome may have instability and not be aware of the problem until an accident occurs. For your safety, we require that all non-achondroplastic athletes obtain x-rays of the neck prior to competition in any running, jumping or diving event, including basketball, swimming, and volleyball. The x-rays should include a lateral-flexion and a lateral-extension view of the cervical spine. Unless there are clinical symptoms to suggest a problem, these x-rays need only be obtained once for the adult athlete. However, in the juvenile and adolescent athlete, we prefer that the x-rays of the neck be taken every **three** years while they are competing since instability may develop with growth.

For competitors age 40 or older

Results of EKG _____ Date: _____

Comments related to athletes participation in competitive sports:

Signature of Physician:

Date: ___/___/___



Do you know the way to Monterey Bay?

Linda Peterson
6425 Cockrill St.
Petaluma, CA 94952